

## CENTRAL CONNECT and The COMMUNITY Wellbeing FRAMEWORK

Central Connect is a sustainable community governance model with a Leadership Roundtable providing inclusive representation of Central Coast consumer representatives and advocates, service providers, and community groups. The role of the Central Connect Leadership Roundtable (CCLR) is to develop and oversee strategic direction to create those wellbeing outcomes the Central Coast community desires.

The highlight of our work to date is building the Central Connect Community Wellbeing Framework - a high-level strategy-style guide, based on evidence and community voice. This will enable the Central Coast Council, service providers, community groups, other organisations and individuals to identify what services are needed locally, how to minimise duplication and be better connected.

## What are the community's priorities?

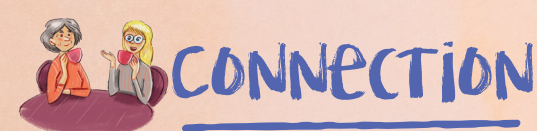
### WHERE WE ARE AT NOW



- ! 75% of us rated their health as excellent, very good or good - lower than the rate for Tasmania in general
- ! Highest rate of prescriptions to treat anxiety signalling prevalence of mental ill health
- ! Higher proportion of people with 3 or more chronic conditions



- ! 82% of us have completed Year 10 which is less than the proportion for Tasmania overall (86%)
- ! 27.2% completed Year 12—less than the national average of 51.9%



- ✓ Highest number of volunteers in Tasmania.
- ! Many community groups but little connection between them.
- ! Lots of events but its difficult to find information

### WHERE DO WE WANT TO BE?

- Local access to doctors, specialists, mental health & health promotion
- Better transport services to main centres
- Easy and reliable access to health, services & wellbeing information

- Improved year 12 completion rates
- Clear career pathways, job/education opportunities
- Access to, and information about short courses and online education
- Better transport options

- Community access to reliable information about events, services and education activities which is provided in a timely way and through media that is easily available with up to date information

There is consistent community need across the 3 pillars for better communication and access to information about health, education and connection opportunities, services and activities

## How can local services, community groups, organisations & individuals be part of the solution?

- ✓ Use the data to plan local services to meet community needs
- ✓ Report and promote your successes
- ✓ Work collaboratively with other services/groups to set up a CC Action Group
- ✓ Partner with other organisations to apply for funding
- ✓ Represent your organisation/clients/professional body on the CCLR
- ✓ Join professional networks
- ✓ Share resources (staff, venues, funding) with similar groups and services
- ✓ Seek out opportunities to speak with local political reps

## How will we measure success?

The CCLR will commit to reviewing its achievements by undertaking yearly Reflective Evaluations. This will involve each member presenting the data and information they have within their own services, groups and organisations to demonstrate how they are contributing to creating a healthier, more educated and connected community.



## HISTORY OF CENTRAL CONNECT

In 2020, two programs (Connecting Care and Collective ed.) partnered to bring together a broad collection of people interested in identifying the needs and making positive change in the Central Coast community.

The Central Connect Leadership Roundtable (CCLR) was formed as Central Connect's steering group to provide representation of Central Coast groups and organisations involved in community health, education and wellbeing. Guided by a Collective Impact approach the CCLR was supported by a Backbone Team to develop and oversee strategic direction to create wellbeing outcomes the Central Coast community desires.

## STRUCTURE & MEMBERSHIP

### CENTRAL CONNECT LEADERSHIP ROUNDTABLE

Membership of up to 20 provides inclusive representation of Central Coast consumers and advocates, health and social care services, Aboriginal services, business and Industry, children and youth, community services, disability services, education and training, local government, senior citizens, social and leisure, support groups and associations.

### ACTION GROUPS

- ◉ Doors to Mentors
- ◉ Community Engagement
  - ◉ Business Model
  - ◉ Chronic Health
- ◉ Community Information and Resources

## DEVELOPMENT OF COMMUNITY Wellbeing FRAMEWORK

In 2021 the CCLR committed to developing a Community Wellbeing Framework to guide their work into the future and support the community to contribute to the health, education and wellbeing of the Central Coast. The process was undertaken from February to October and was supported by a wide community consultation, use of local data, CCLR meetings and workshops and a Reflective Evaluation. A draft Framework was presented to the CCLR in October for feedback and this was incorporated into the final version which was endorsed by the CCLR in November 2021.

The Central Connect Community Wellbeing Framework will be launched in early 2022

## SUPPORTING DOCUMENTATION

**Ways of Working Document 2021** — Provides the Mission, Vision, principles, governance structure, working together agreement

**Members and Stakeholder Groups** — In 2022, 20 members represent the community through the CCLR and Action Groups

**Process Plan for Developing the Community Wellbeing Framework**

**CCLR Reflections Evaluation Report October 2021** — members contributed to assessing the purpose, achievements and recommendations for future action.

**Data Sources** — Community Directory, wellbeing data, data repository for relevant local, state and national data sources

**CCLR and Action Group Agendas and meeting notes** — collected from all meetings in 2021